

Get angry but do not sin

When our Lord gives something that you that you asked for it, don't ever neglect to thank Him. In suffering, in disappointment and daily anguish in our lives, thank Him always for He gives you the possibility to suffer something for your own sins. If you don't attribute all to the good and merciful God, you're telling that you, don't have any respect for Him nor trust. You'll never make use of the heavenly grace, if you do not bring back all to the original source.

The sincere and moved gratitude, makes you worthy to receive the gifts of God. "To the proud man will take away what he had received, and he'll give it to the humble. The raised Jesus will never gives a consolation that takes away the contrition of the heart. That intense joy that takes away the interior meditation at the point were you don't feel to pray, or if you pray, think of so many beautiful things of this world, that joy comes from the devil. It's a joy that's similar to cheerfulness that explode in particular circumstances, be careful, listening to the wisdom man whom are saying: not everything that is high is sainthood, not everything that is sweet is good, not every desires are pure, not everything that's dear to you is agreeable to God. All things that comes from God makes you more humble and increase the intensity of the fear of God. The conversion it's a long and difficult walk, do not ever stop on it's path, nor going back. "Get angry but don't sin" said the prophet David. It means two things together: If you have the right to be angry you reaction has to be finalised convince the other to stop doing bad. Getting angry means also that you have to getting angry with yourself for all sins committed. Your furiousness has to take you at the point not to sin anymore. The contrition of the heart, the sadness of having offended God, should never give the place to joy. "Do penance with yourself".

Jesus is recall the attention of His fellowman to the words of the prophet David: They honour me with they mouth, but their heart is for away from me. The contrition in itself consists in the painful heart that has to do penance for it's sin, and meanwhile, the heat enlarges to give space to the gift of love. The fault joy assaults continuously the true joy. Which in the true conscious of yourself and of the word of God. In fact faith "restores" all the ruin that you caused within yourself with a life far away from God and out of the respect of His law> The truth of the word of God that from you is received, makes you walking in the way of conversion with prayer and vigilance. The vigilance has to be very dear to your heart, because every time you become unwise, you become weak, to resist with worth to temptation. In real good, in real joy, in real happiness, you walking quickly towards every step you do toward conversion the path of conversion, suppressed the mentality that firmly believes of the illicit pleasure of rejoicing that was, formed within you. Step by step as you walking forward the strength of sin diminish within you, only at the and of a long prayer walking, penance and good deeds, it becomes a "spiritual transformation", the change of mentality of sin works for you conviction.

The devil can always convince to turn back. the fragile presence, stretch to darken the faith in the risen Jesus. Always you be available to welcome doubts, even when in you way of perception the life will be formed in a convince and new mentality.

Do not delude yourself, the devil will not lack the possibility to create an occasion that will awaken the ancient desire and past passions. I refer to the passions that men and women of the world call: and old flame that has never extinct in the heart. Seems to be words of tenderness that fascinate the adultery and other sins of the same type. The diabolic

astuteness of devil is so thin and convincing, that in all those men and women that live Christianity "like water of roses", he'll succeed to insert in their sense of life a new persuasion. The new mentality, materialistic and hedonistic dawn tight always get the upper hand over, not only to the Christian spirituality, also to the ideology that can sustain the intention of been honest and sincere. But the Holy Spirit will never abandon you, even if you are not thinking of Him, even when you don't think that He exists. The Spirit that the risen Christ sanded to us, He'll never renounce His mission. The path that takes you to God as never had it's journey from enthusiasm and feelings. The word of God, with the help of the Holy Spirit, has to be always put it in practise through work, we have to complete so many duty. without any enthusiasm, if not any desire to accomplish.

The mentality of the gospel is a mentality that in the eyes of the world seems strange and to destroy the liberty and dignity of men and women. This offers the devil the possibility of disturbing the conscious, Sometimes the trouble comes all of the sudden, other times comes through experiences and knowledge of facts and people that don't live their lives as they should,. In spite of this, most of the time those whom follow the attractiveness of the devil "are kissed from the fortune."

Do not ever discourage for the persistence destructive work of the devil. Persevere in you walking with patience and faith. Find the way to resist to the impulsiveness that comes from an old man. covered in mud. Always walk with great alive hope.

You'll make it, you'll see, because the risen Jesus has always remained near you.

Don Vincenzo.

Traduzione a cura di Rita Gallo.